

COACHING PROGRAM FEATURES & PRICING

Individuals & Small Teams (2-5 People)

Features	2 Weeks \$499 (individuals) \$799 (small teams)	4 Weeks \$950 (individuals) \$1250 (small teams)	6 Weeks \$1400 (individuals) \$1700 (small teams)
1:1 or Small Team Coaching Sessions	✓	✓	✓
Personalized Growth Plan (Individualized strategies & action steps)	✓	✓	✓
Email & Text Support Between Sessions	✗	✓	✓
Leadership & Communication Strategies (For small teams only)	✗	✓	✓
Conflict Resolution & Team-Building Exercises (For small teams only)	✗	✓	✓
Self-Discovery & Mindset Work (Overcoming mental roadblocks)	✓	✓	✓
Deep-Dive Strategy & Implementation (For major transformation & breakthroughs)	✗	✗	✓
Comprehensive Success Roadmap (Long-term strategy & growth plan)	✗	✗	✓
Ongoing Accountability & Progress Tracking (Regular check-ins & adjustments)	✗	✗	✓
Exclusive Bonus (VIP email support for 14 days after the program ends—priority access to Kari for continued guidance!)	✗	✗	✓

COACHING PROGRAM FEATURES & PRICING

Large Teams (5+ People)

Features	2 Weeks (4 sessions) \$1099	4 Weeks (8 sessions) \$1549	6 Weeks (12 sessions) \$2199
Team Coaching Sessions (Zoom, in-person, or calls)	✓	✓	✓
Team Development Plan (Custom strategies for growth & alignment)	✓	✓	✓
Email & Text Support Between Sessions (For key team members)	✗	✓	✓
Leadership & Communication Strategies (For managers & executives)	✓	✓	✓
Conflict Resolution & Team-Building Exercises (Collaboration, trust, & efficiency-building)	✓	✓	✓
Performance & Productivity Optimization (Assess & improve team effectiveness)	✗	✓	✓
Deep-Dive Strategy & Implementation (For major transformation & breakthroughs)	✗	✗	✓
Comprehensive Success Roadmap (Sustainable long-term growth & leadership strategies)	✗	✗	✓
Ongoing Accountability & Progress Tracking (Regular team check-ins & adjustments)	✗	✗	✓
Exclusive Bonus (VIP email support for 14 days after the program ends—priority access to Kari for continued guidance!)	✗	✗	✓

How to Choose the Right Package:

For individuals & Small Teams (2-5 people)

- 2 Weeks -> Best for quick breakthroughs and short-term coaching
- 4 Weeks -> Great for deeper exploration and sustainable strategies
- 6 Weeks -> Ideal for full transformation, long-term success and accountability-**plus an exclusive bonus with extended support!**

For Large Teams (5+ people)

- 2 Weeks -> Fast leadership alignment and team restructuring
- 4 Weeks -> Optimizing team dynamics and communications
- 6 Weeks -> Deep transformation and ongoing success plan with **bonus VIP support!**

Program Durations

2 weeks - 4 sessions | 4 weeks - 8 sessions | 6 weeks - 12 sessions